



OUTWARD BOUND CANADA

Get out. Look in.

Sample Itinerary for Vancouver Island Sea Kayaking (14-day Expedition)

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| Day 1 | Arrive Comox BC- Outward Bound base camp | Meet and greet group/ instructors duffle shuffle/ basic camp craft- and kayak skills |
| Day 2 | Depart base camp for Pac Rim NP | Approx. 4-hour drive time |
| Day 2-6 | Kayak | As a group you'll work on kayaking and camping skills, navigation, group problem solving etc. |
| Day 6-10 | Final student led expedition | Students will work in partners to lead group for a day |
| Day 11 | solo | 24 hours of quiet personal reflection |
| Day 12-13 | Return Pac Rim NP-drive to base camp | |
| Day 14 | Depart with lasting memories and lifelong friendships | |