



# OUTWARD BOUND CANADA

Get out. Look in.

## ***Sample Itinerary for Vancouver Island Ocean Canoeing and Hiking (14-day Expedition)***

Day 1	Arrive Comox BC- Outward Bound base camp	Meet and greet group/ instructors duffle shuffle/ basic camp craft- and kayak skills
Day 2	Depart base camp for Pac Rim NP	Approx. 4-hour drive time
Day 2-6	Kayak	As a group you'll work on kayaking and camping skills, navigation, group problem solving etc.
Day 6-10	Final student led expedition	Students will work in partners to lead group for a day
Day 11	Solo Adventure	24 hours of quiet personal reflection
Day 12-13	Return Pac Rim NP-drive to base camp	
Day 14	Depart with lasting memories and lifelong friendships	