


**OBC's
EDUCATIONAL
PHILOSOPHY**



Outward Bound Canada offers programs designed to meet the needs of students who are independent, interested in the outdoors and academically motivated. Our goal is to create a supportive community, which recognizes and values every student. The objective of the program is to build a strong sense of self and community through active and authentic experiences that foster academics, a celebration of diversity, and personal growth using an integrated adventure-oriented delivery.

We believe that the development of self-esteem and self-confidence in students is paramount to a successful learning experience. Our program encourages students to live, work and learn co-operatively, and to value each other's strengths and differences. We provide students with tremendous opportunities and support to challenge themselves and to succeed.

Outward Bound encourages a deeper understanding and appreciation for the environment. Environmental issues and concerns are a part of the program, ranging from no-trace camping on expeditions to larger global issues facing us all.



OBC LEARNING OBJECTIVES



Personal Development



Group Development



Interpersonal Effectiveness



Environmental Awareness



Learning



Philosophy and Values



OBC METHODOLOGY

SKILLS TRAINING – developing those skills which enable an individual to function with competence and safety in a particular natural environment

STRESS/HARDSHIP – exposing students to challenging experiences that compel them to examine their own reactions and responses in new situations that require action

PROBLEM SOLVING – providing opportunities where individuals or groups need to analyze situations and arrive at solutions

SERVICE – developing sense of responsibility for others and the environment through work projects

REFLECTION – encouraging individuals to reflect on different ideas and attitudes in ways that provide insight

EVALUATION – sharpening the individual's responses so as to encourage critical assessment and constructive action



OBC LEARNING PRINCIPALS

- More can be learned by presenting problems rather than solutions or methods
- A person grows by contributing to the community
- Commitment to the achievement of goals is strengthened when individuals are empowered and self-managed
- People work best when they share a common motivation and respect each other's back grounds, perspectives and strengths
- Growth requires a willingness to take conscious risks and face new challenges
- Learning is heightened in environments which require people to take direct responsibility for themselves and others